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# **GROWING TOGETHER LEVENSHULME**



### **A GLIMPSE INTO GROWING TOGETHER'S GARDEN**



## >>> ABOUT GTL

2023 was another great year at the Garden.

We thought to share what happened a little bit about the year with you.

Some highlights included building some new vegetable beds, renovating our pond and growing lots of vegetable and fruit - our tomatoes were particularly delicious... A shipping container arrived in December which we have now started converting into our new kitchen - watch this space!

## PARTICIPANTS IN 2023 <<<

- · 68 new members, most coming from hotels
- 138 people attended the project over the course of the year.
- By the end of the year we were seeing 45 to 50 people attending the project each week.



## **AN OVERVIEW**

#### **GROWING TOGETHER**

Our People Support team supported 129 participants through 2023 - providing a combination of emotional and practical support in times of difficulty. We also referred many people to external support services including foodbanks, the GM Migrant Destitution Fund, counselling and immigration solicitors.

Our Activity Facilitators organized a program of an activities at the Garden through the year , making sure there was something for everyone at every session. we created an atmosphare where the participants felt confident to choose their own activities too.

# None of this would have been possible without your support. Through 2023 we had 20 amazing volunteers which helped us all grow together.

IT WAS OUR FIRST YEAR OF GROWING IN OUR NEW GIANT POLYTUNNEL WHICH ENHANCED THE HARVEST AND ALSO BROUGHT USEFUL WELL-VENTILATED INDOOR SPACE FOR CRAFT ACTIVITIES.

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#### **READ MORE**

The Garden is the heart of our project and this year it was looking better than ever, having received a lot of care and love. Members have enjoyed seeing their Garden flourish, their favourite plants grow and flowers brighten the space. We often hear people comment that just being in the physical space of the Garden eases stress and depression, and helps them get through the week.

### "I SEE THE GARDEN, I CAN BREATHE"